

4 - 3ª jornada, 1ª sesión

17/12/2023

Prueba 31
17/12/2023

400m Estilos

20 años y mayores
Resultados

Clasificación

AN

Tiempo

20+, Masc.

1. MENESES MEDERO, Alejandro	99	A.D. S.C.	6:13.34	19,00
50m: 38.45 38.45 150m: 2:10.71 45.80 250m: 3:52.17 56.58 350m: 5:32.43 43.64				
100m: 1:24.91 46.46 200m: 2:55.59 44.88 300m: 4:48.79 56.62 400m: 6:13.34 40.91				

30+, Masc.

1. CEBALLOS SANCHEZ, Martin	91	Vulcania	5:11.60	19,00
50m: 33.92 33.92 150m: 1:51.96 40.25 250m: 3:16.63 44.79 350m: 4:37.41 36.07				
100m: 1:11.71 37.79 200m: 2:31.84 39.88 300m: 4:01.34 44.71 400m: 5:11.60 34.19				

35+, Masc.

1. GARCIA FIERRO, Victor Manuel	88	Metropole	5:40.57	19,00
50m: 34.54 34.54 150m: 2:02.42 45.63 250m: 3:34.53 45.38 350m: 5:02.23 40.43				
100m: 1:16.79 42.25 200m: 2:49.15 46.73 300m: 4:21.80 47.27 400m: 5:40.57 38.34				

Baja HENRIQUEZ HERNANDEZ, Rafael	87	Aguacan		-
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40+, Masc.

1. GONZALEZ DIAZ, Yeray	83	Cn.Salinas	5:51.17	19,00
50m: 35.48 35.48 150m: 2:01.68 45.01 250m: 3:36.50 51.25 350m: 5:09.05 41.36				
100m: 1:16.67 41.19 200m: 2:45.25 43.57 300m: 4:27.69 51.19 400m: 5:51.17 42.12				

45+, Masc.

1. REINO ASCANIO, Abian	77	Metropole	5:12.01	19,00
50m: 33.20 33.20 150m: 1:53.54 41.90 250m: 3:19.25 45.87 350m: 4:40.09 35.31				
100m: 1:11.64 38.44 200m: 2:33.38 39.84 300m: 4:04.78 45.53 400m: 5:12.01 31.92				

50+, Masc.

1. BILBAO SIEYRO, German	73	Teimar	6:51.89	19,00
50m: 43.96 43.96 150m: 2:31.18 53.49 250m: 4:24.49 1:01.39 350m: 6:10.01 45.81				
100m: 1:37.69 53.73 200m: 3:23.10 51.92 300m: 5:24.20 59.71 400m: 6:51.89 41.88				
2. GIL HENRIQUEZ, Jorge Juan	72	LasPalmas	7:27.98	16,00
50m: 46.72 46.72 150m: 2:42.62 59.92 250m: 4:53.85 1:12.88 350m: 6:47.28 42.22				
100m: 1:42.70 55.98 200m: 3:40.97 58.35 300m: 6:05.06 1:11.21 400m: 7:27.98 40.70				
3. RODRIGUEZ SANTANA, Ernesto	70	Valleverde	8:08.58	14,00
50m: 54.37 54.37 150m: 3:01.49 1:05.29 250m: 5:16.42 1:12.15 350m: 7:20.46 52.77				
100m: 1:56.20 1:01.83 200m: 4:04.27 1:02.78 300m: 6:27.69 1:11.27 400m: 8:08.58 48.12				

Prueba 31, 400m Estilos

55+, Masc.

1.	MARTINEZ LLISO, Claudio	66	Metropole	7:40.39	19,00
	50m: 51.33 51.33	150m: 3:00.70 1:08.48	250m: 5:12.47 1:06.14	350m: 7:00.01 43.49	
	100m: 1:52.22 1:00.89	200m: 4:06.33 1:05.63	300m: 6:16.52 1:04.05	400m: 7:40.39 40.38	
Baja	VIÑUELA LLANOS, Antonio	68	TFMasters	-	